

Appendix A – References

AR 95-1	Aviation Flight Regulations
CR 95-1	XVIII Airborne Corps and Ft. Bragg Regulation 95-1
USAIC 95-1	Ft. Benning Aviation Flight Operations
56 th Med SOP	56 th Med Bn Aviation Standard Operating Procedures
FRC SOP	Florida Ranger Camp SOP
350-1T	6 th RTB SOP
FM 21-20	Physical Fitness Training
AR 600-9	Army Command Policy (Weight Control)
AR 350-41	Training in Units
AR 40-8	Exogenous Factors for Army Aircrew
ACCI 11-201	Air Operations (Eglin AFB)